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2018-02-12

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Sci Rep. 2017 Dec 19;7(1):17783.

<http://doi.org/10.1038/s41598-017-18005-6>

<http://hdl.handle.net/10616/46224>

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SCIENTIFIC REPORTS

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Gastrectomy compared to oesophagectomy for Siewert II and III gastro-oesophageal junctional cancer in relation to resection margins, lymphadenectomy and survival

Joonas H. Kauppila^{1,2}, Karl Wahlin¹ & Jesper Lagergren^{1,3}

It is unclear whether gastrectomy or oesophagectomy offer better outcomes for gastro-oesophageal junction (GOJ) cancer. A total of 240 patients undergoing total gastrectomy ($n = 85$) or oesophagectomy ($n = 155$) for Siewert II-III GOJ adenocarcinoma were identified from a Swedish prospective population-based nationwide cohort. The surgical approaches were compared in relation to non-radical resection margins (main outcome) using multivariable logistic regression, providing odds ratios (ORs) and 95% confidence intervals (CIs), mean number of removed lymph nodes with standard deviation (SD) using ANCOVA, assessing mean differences and 95% CIs, and 5-year mortality using Cox regression estimating hazard ratios (HRs) and 95% CIs. The models were adjusted for age, sex, comorbidity, tumour stage, and surgeon volume. The non-radical resection rate was 15% for gastrectomy and 14% for oesophagectomy, and the adjusted OR was 1.61 (95% CI 0.68–3.83). The mean number of lymph nodes removed was 14.2 (SD \pm 9.6) for gastrectomy and 14.2 (SD \pm 10.4) for oesophagectomy, with adjusted mean difference of 2.4 (95% CI -0.2–5.0). The 5-year mortality was 76% following gastrectomy and 75% following oesophagectomy, with adjusted HR = 1.07 (95% CI 0.78–1.47). Gastrectomy and oesophagectomy for Siewert II or III GOJ cancer seem comparable regarding tumour-free resection margins, lymph nodes removal, and 5-year survival.

The curative treatment of adenocarcinoma of the gastro-oesophageal junction (GOJ) typically includes surgical resection. Multimodality treatment and centralization of surgery has improved the 5-year survival rates^{1,2}, but there is an on-going debate about the optimal surgical approach for GOJ cancer³. GOJ cancers of Siewert type I are managed by oesophagectomy, but there is variation in the approach for Siewert type II or III tumours, although oesophagectomy is overrepresented in Siewert type II cancer and total gastrectomy is often preferred in Siewert type III cancer⁴. Additionally, the exact origin of GOJ tumours can sometimes be difficult to accurately assess, particularly in large and bulky tumours, which can make the choice between oesophagectomy and gastrectomy arbitrary⁵. Non-radical resection margins (with cancer involvement) have a profound negative effect on GOJ cancer survival¹. Studies have shown contradictory results regarding radical (R0) resection rates between gastrectomy and oesophagectomy. Some studies have found no difference between the approaches, while others have shown favourable results for either gastrectomy or oesophagectomy^{6–13}. Some research has shown a survival benefit associated with more extensive lymphadenectomy for oesophageal and GOJ cancer^{14,15}, while more recent studies have questioned such a benefit after adjustment for confounding, including surgeon

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volume^{16,17}. Nevertheless, the number of removed lymph nodes during surgery is often considered an indicator of the radicality and quality of the surgery. Gastrectomy and oesophagectomy seem to be associated with a similar prognosis^{7,18,19}, but uncertainty remains due to the limited number of studies specifically evaluating GOJ cancer. Therefore, we aimed to compare gastrectomy with oesophagectomy in relation to the outcomes radicality of the resection margins, lymph node yield, and survival in patients with GOJ cancer of Siewert type II or III (where gastrectomy and oesophagectomy are alternative surgical approaches), in an unselected cohort study with adjustment for potential confounders.

Methods

Study design and data sources. The design of this nationwide Swedish, population-based and prospective cohort study has been described in detail elsewhere²⁰. In brief, 90% of all patients who underwent surgery for oesophageal or GOJ cancer in Sweden during the period April 2, 2001 to December 31, 2005 were included. These patients were followed up until February 2016, i.e. we had 5-year follow-up of all patients. Among all 616 patients enrolled in the source cohort, this study included 240 patients who had undergone gastrectomy or oesophagectomy with curative intent for local or locally advanced Siewert type II or III GOJ adenocarcinoma. Siewert II or III tumour was defined based on the postoperative pathology reports as an adenocarcinoma with its epicentre up to 1 cm above or up to 5 cm below the GOJ, measured from the proximal margin of the gastric folds²¹. For some patients with type II or III the exact Siewert classification could not be reliably determined based on the pathology reports, and these patients were further grouped as unclear type II or III GOJ cancers. In 2001–2005, neoadjuvant or adjuvant therapy was rarely used in Sweden, which makes this an almost exclusively surgical cohort rather than a multimodality therapy cohort. Information regarding patient and tumour characteristics and surgical details was prospectively collected from all relevant hospitals in Sweden. Tumour staging was based on the postoperative stage defined by the pathologist according to the 6th edition of TNM-classification, which is uniform regarding Siewert II and III tumours and was used during the time of the data collection²². Data on comorbidities were obtained from the Swedish Patient Registry, using the most recent and well-validated version of the Charlson Comorbidity Index²³. The mortality data were retrieved from the Swedish Causes of Death Registry. The study was approved by the Regional Ethical Review Board in Stockholm, Sweden. All methods were carried out in accordance with relevant guidelines and regulations. All participating patients gave informed consent.

Exposures. The surgical approach was decided mainly based on the experience of the operating surgeon. The study exposure was either of two surgical approaches:

- 1) Gastrectomy: Total gastrectomy including resection of the distal oesophagus through laparotomy and anastomosis above the diaphragm. Reconstruction was achieved most commonly using the Roux-en-Y method.
- 2) Oesophagectomy: Resection of most parts of the oesophagus and the proximal stomach through laparotomy and thoracotomy, with a gastric pull-up reconstruction and an anastomosis in the upper chest in over 95% of the cases.

No consensus regarding the extent of lymphadenectomy existed during the study period, but moderately extensive lymphadenectomies were preferred.

Outcomes. The primary outcome of the study was tumour involvement of the resection margins: Growth of tumour cells at the cut margin of resection seen under the microscope (R1) or residual tumour that could not be resected during surgery, as reported by the surgeon (R2).

The secondary outcomes of the study were 1) Lymph node yield: The number of lymph nodes removed and identified by the pathologist after the resection; and 2) mortality: The 5-year all-cause mortality, counted from the date of surgery. The crude 5-year mortality analysis has been reported as a secondary outcome of a previous study from this cohort²⁴.

Statistical analysis. Different statistical methods were used for each of the three outcomes under investigation.

- 1) Multivariable logistic regression was used to evaluate the risk of non-radical resection margins. The risk estimates were odds ratios (ORs) and 95% confidence intervals (CIs), adjusted for the following potential confounding variables: age (categorized into <65 years, 65–75 years, or >75 years), sex (male or female), comorbidity (Charlson's Comorbidity Index^{23,25} score 0, 1 or ≥2), pathological tumour stage (0–I, II, or III–IV), and surgeon volume (0–3, 4–10, or ≥11 operations during the study period).
- 2) ANCOVA was used to assess the mean lymph node yield as a continuous variable and to adjust for all confounding factors (with the same categorizations) listed above. The results were presented as mean number of lymph nodes with standard deviation (SD), and mean difference ± SD.
- 3) Cox proportional hazards model was used to calculate the risk of 5-year mortality. The risk estimates were hazard ratios (HRs) with 95% CIs, adjusted for all confounding factors (with the same categorizations) listed above.

The oesophagectomy group was the reference category in all analyses.

The data management and statistical analyses were conducted by a senior biostatistician (KW), who followed the analysis plan decided in a detailed and pre-defined study protocol. The statistical software IBM SPSS v24.0 (IBM Corp., Armonk, NY) was used for all statistical analyses.

	Oesophagectomy	Gastrectomy	Total
	Number (%)	Number (%)	Number (%)
Total	155 (100)	85 (100)	240 (100)
Age (in years)			
<65	66 (42)	27 (32)	93 (39)
65–75	58 (37)	32 (38)	90 (38)
>75	31 (20)	25 (31)	57 (24)
Sex			
Male	128 (83)	69 (81)	230 (82)
Female	27 (17)	16 (19)	52 (18)
Charlson's Comorbidity Index			
0	83 (54)	42 (49)	125 (52)
1	40 (26)	17 (20)	57 (24)
≥2	32 (21)	26 (31)	58 (24)
Siewert type			
II	122 (79)	37 (44)	159 (66)
III	20 (13)	47 (56)	67 (28)
Unclear II or III	13 (8)	1 (1)	14 (6)
Histological grade of differentiation			
Well differentiated	5 (6)	10 (7)	15 (6)
Moderately differentiated	26 (31)	63 (41)	89 (37)
Poorly differentiated	51 (60)	71 (46)	122 (51)
Unknown	3 (4)	11 (7)	14 (6)
Tumour stage			
0-I	29 (19)	19 (22)	48 (20)
II	38 (25)	27 (32)	65 (27)
III-IV	83 (54)	39 (46)	122 (51)
Missing	5 (3)	0 (0)	5 (2)
Surgeon volume			
Low (≤3)	52 (34)	33 (39)	85 (35)
Mid (4–10)	45 (29)	39 (46)	84 (35)
High (≥11)	58 (37)	13 (15)	71 (30)
Resection margins			
R0	134 (87)	72 (85)	206 (86)
R1/R2	21 (14)	13 (15)	34 (14)
Number of removed lymph nodes			
≤9	56 (36)	31 (36)	87 (36)
10–17	49 (32)	25 (29)	74 (31)
≥18	47 (30)	25 (29)	72 (30)
Missing	3 (2)	4 (5)	7 (3)

Table 1. Patient and surgical characteristics of the 240 patients who underwent oesophagectomy or gastrectomy for gastro-oesophageal junction adenocarcinoma of Siewert type II or III.

Results

Patients. Among all 240 patients with GOJ cancer included in this study, 159 (66%) had Siewert type II cancer, 67 (28%) had Siewert type III cancer and 13 (6%) patients had a type II or III cancer that could not be reliably determined as either. Of these participating patients, 85 (35%) underwent gastrectomy and 155 (65%) underwent oesophagectomy. Patients who underwent gastrectomy were slightly older, had more comorbidity, were more likely to have Siewert type III cancer, low histological grade of differentiation and were less likely to be operated on by high-volume surgeons, while the sex and tumour stage distribution were similar between the comparison groups (Table 1).

Resection margins. The proportion of patients who had non-radical resection was similar when comparing gastrectomy (15%) and oesophagectomy (14%). The adjusted OR was not statistically significantly increased when comparing gastrectomy with oesophagectomy (OR 1.61, 95% CI 0.68–3.83) (Table 2).

Lymph node yield. The mean number of lymph nodes was similar in the gastrectomy (14.2 nodes, SD ± 9.6) and oesophagectomy (14.2 nodes, SD ± 10.4) groups ($p = 0.996$) (Table 3). In the adjusted analysis, the number of removed lymph nodes was not statistically increased in the gastrectomy group versus the oesophagectomy group (mean difference 2.4, 95% CI -0.2–5.0).

Model	Surgical approach	
	Oesophagectomy n = 155	Gastrectomy n = 85
Crude OR (95% CI)	1 (reference)	1.15 (0.55–2.44)
Adjusted OR (95% CI) [†]	1 (reference)	1.61 (0.68–3.83)

Table 2. Logistic regression analysis of the risk of non-radical resection margin status presented as odds ratios (ORs) and 95% confidence intervals (CIs). [†]Adjusted for: age, sex, comorbidities, tumour stage and surgeon volume. Five patients excluded from the oesophagectomy group because of missing tumour stage.

	Surgical approach	
	Oesophagectomy n = 152	Gastrectomy n = 81
Mean (95% CI)	14.2 (12.6–15.8)	14.2 (12.0–16.4)
Adjusted mean (95% CI) [†]	12.7 (10.8–14.7)	15.1 (12.7–17.5)

Table 3. Analysis of covariance (ANCOVA) on the number of lymph nodes removed and surgical approach, presented as means with 95% confidence intervals (CIs). [†]Adjusted for: age, sex, comorbidities, tumour stage and surgeon volume. Four patients excluded from the oesophagectomy group because of missing tumour stage.

	Surgical approach	
	Oesophagectomy n = 155	Gastrectomy n = 85
Crude HR (95% CI)	1 (reference)	1.04 (0.77–1.41)
Adjusted HR (95% CI) [†]	1 (reference)	1.07 (0.78–1.47)

Table 4. Cox proportional-hazards regression analysis of 5-year mortality and surgical approach, presented as hazard ratios (HRs) and 95% confidence intervals (CIs). [†]Adjusted for: age, sex, comorbidities, tumour stage and surgeon volume. Five patients excluded from the oesophagectomy group because of missing tumour stage.

Mortality. No difference was observed in the absolute 5-year mortality between the gastrectomy (77%) and oesophagectomy (76%) groups. The adjusted HR of all-cause 5-year mortality was 1.07 (95% CI 0.78–1.47) when comparing gastrectomy with oesophagectomy (Table 4).

Discussion

This study indicates that gastrectomy and oesophagectomy produce similar outcomes regarding non-radical resection margins, lymph node yield, and 5-year prognosis for Siewert II and III GOJ cancer.

An advantage of this study is the population-based cohort design with coverage of more than 90% of GOJ cancer patients undergoing surgery in Sweden during the study period, providing an unselected cohort. Another strength is the strict inclusion of only Siewert type II and III tumours, where both gastrectomy and oesophagectomy may be used. The prospective data collection and centralized review of these data provided accurate and unbiased information about exposures, outcomes, and confounders. The study followed a detailed study protocol, with all definitions, categorizations, and analyses decided on beforehand. Additionally, the results were adjusted for a number of potential confounders, including surgeon volume²⁶. The study period is not very recent, which might be seen as a limitation. However, this made it possible to examine a surgical cohort, almost without influence of neoadjuvant therapy (only 2% in this study), while only more recently the use of neoadjuvant therapy has become standard care. Neoadjuvant therapy could otherwise confound the assessment of surgical approach in relation to all study outcomes in this study. Despite the nationwide assessment of cases, a weakness is the limited sample size followed by the selection of Siewert type II and III tumours. In Sweden the incidence of GOJ cancers is relatively low²⁷ and only a small proportion of these patients undergo resection²⁸. Yet, this is one of the largest studies comparing gastrectomy and oesophagectomy in relation to resection margins and the extent of lymphadenectomy in Siewert II–III GOJ cancers. Finally, another potential limitation is residual confounding due to factors that we grouped or did not take into account, such as tumour recurrences. However, tumor recurrence data were not available for this study, and we adjusted for all other factors that were considered potential confounders.

This study showed no major difference in the radical resection rates for GOJ in cancer between gastrectomy and oesophagectomy. Only one population-based study and a few single-centre studies have compared rates of radical resection margin between these two approaches in GOJ cancers. Four of these studies support the results of the present study, and the R0 resection rates in this study (85%–86%) are well in line with other previous studies showing R0 resection rates between 72%–93% for oesophagectomy or gastrectomy for GOJ cancer^{7,10}. A recent large (n = 1196) population-based Dutch study implied similar radical (R0) resection rates between gastrectomy (84%) and oesophagectomy (87%)¹⁰. However, this study had a high proportion (41%) of missing T stage data for patients who underwent gastrectomy, and was potentially confounded by the use of neoadjuvant therapy. A single-institution US study of 505 patients with GOJ cancers (393 with Siewert II–III cancer) found no differences in resection margin status between gastrectomy and oesophagectomy⁶. However, surgical treatment evolved during the long duration of that study (1985–2003), for example, 138 of 153 patients in the gastrectomy

group underwent proximal gastrectomy, which is no longer used in cancer surgery. A single-centre study from Sweden ($n = 143$) also suggested similar R0 resection rates for the surgical approaches under study⁸. Finally, a prospective study from Germany examining Siewert II cancer ($n = 92$) indicated that R0 resection rates were similar between gastrectomy and oesophagectomy¹³. Some studies are in disagreement with the results of the present investigation. A retrospective French study implied a favourable rate of R0 resection with gastrectomy versus oesophagectomy in Siewert I-III GOJ cancer ($n = 126$)¹¹. On the other hand, a retrospective US study found favourable results with oesophagectomy compared to gastrectomy in Siewert type II-III GOJ cancer ($n = 82$)⁹. Additionally, a prospective Dutch study suggested an increased rate of positive circumferential resection margins associated with gastrectomy in Siewert II patients ($n = 176$)¹². Unfortunately, none of these previous studies adjusted their results for tumour stage or surgeon volume. Additionally, the debate of whether to advocate gastrectomy or oesophagectomy is related to Siewert II-III GOJ cancers rather than Siewert I GOJ cancer, for which oesophagectomy is clearly preferred. Inclusion of Siewert I GOJ cancers in some of these aforementioned studies might have produced results that are biased towards favouring oesophagectomy. Taken together, the results of these studies suggest that both gastrectomy and oesophagectomy can be applied to Siewert II-III GOJ cancers from the perspective of tumour-free resection margins.

The present study found similar lymph node yield when comparing gastrectomy and oesophagectomy, which remained after adjustment for surgeon volume and other potential confounding factors. The mean number of lymph nodes removed differ from study to study comparing gastrectomy and oesophagectomy for GOJ cancer, highlighting the differences between institutional treatment regimens^{6,9,13}. In the present study, the mean lymph node yield was relatively small with higher variability than other studies on the topic, reflecting the lack of national consensus on the extent of lymphadenectomy in GOJ cancer, as well as the preference for limited lymphadenectomy among upper gastrointestinal surgeons in Sweden. However, five studies, two from the United States^{6,9}, one from Germany¹³, and two from the Netherlands^{10,12}, found no differences in lymph node yield between gastrectomy and oesophagectomy, which corroborate the findings of the present study. However, surgeon experience has been shown to influence the number of resected lymph nodes during surgery with increasing lymph node counts by increasing surgeon volume²⁶, but was adjusted for only in the present study. Nevertheless, taking the results from previous studies and this study into account, gastrectomy and oesophagectomy seem to allow for a similar number of lymph nodes to be removed.

The 5-year all-cause mortality rate observed in this study were similar between the surgical approaches, which is well in line with the results from most previous research on this topic^{9–11,19,29}. Taken together, there might not be survival difference between gastrectomy and oesophagectomy in Siewert II and III GOJ cancers, or any difference is likely to be small. As there were no data available on the recurrences in this cohort, it would be interesting to compare the recurrence rates between these approaches, or to conduct analysis by adjusting for the treatment of the recurrences in a larger study.

There are clinical implications to the findings of this study. The results indicate that gastrectomy and oesophagectomy are equally good at achieving complete resection of the tumour and adequate lymphadenectomy without compromising survival in Siewert II and III GOJ cancers, ultimately supporting whichever surgical approach is preferred by the individual surgeon. However, the results also highlight that patient-reported outcomes might be of great relevance in future research comparing gastrectomy and oesophagectomy. Gastrectomy might, for example, reduce the risk of pulmonary complications, which are known to influence the patients' health-related quality of life in the long term³⁰, while gastrectomy might be associated with more nutritional problems.

In conclusion, this population-based cohort study with adjustment for potentially important confounding factors indicates that total gastrectomy and sub-total oesophagectomy provide similar rates of radical resection margins, number of lymph nodes removed, and 5-year all-cause mortality for Siewert II or III GOJ cancer. The surgical approach for Siewert II and III cancers could be chosen on the basis of experience of the surgeon, but gastrectomy might be preferable to avoid thoracotomy-related complications.

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Acknowledgements

This study was supported by grants from The Swedish Research Council (JL), Swedish Cancer Society (JL), the Stockholm Cancer Society (JL), Sigrid Jusélius Foundation (JHK), and Orion Research Foundation (JHK). The data will not be made publicly available, but is available upon request from the authors. The funding sources had no role in the design and conduct of the study; collection, management, analysis, and interpretation of the data; preparation, review, or approval of the manuscript; and decision to submit the manuscript for publication.

Author Contributions

Conception and study design, J.H.K., K.W. and J.L.; Data acquisition, J.L.; Data analysis, J.H.K., K.W.; Interpretation of the data, J.H.K., J.L.; Drafting and revising the work, J.H.K., K.W., J.L.; Final approval, J.H.K., K.W., J.L.

Additional Information

Competing Interests: The authors declare that they have no competing interests.

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